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MARA GETZ SHEFTEL

Rutgers University
112 Paterson Street, 5th Floor
New Brunswick, NJ 08901

mara.sheftel@rutgers.edu
https://www.mara-getz-sheftel.com/

PROFESSIONAL EXPERIENCE

2024- Instructor (Tenure Track)
Rutgers University
Center for State Health Policy (CSHP)
Institute for Health, Health Care Policy and Aging Research (IFH)
School of Public Health

2024- External Affiliate
Penn State University
Population Research Institute

2022-2024 Visiting Research Collaborator
Princeton University
Office of Population Research
Social disparities in physical functioning by race, ethnicity & immigration status
PIs Anne R. Pebley and Noreen Goldman (NIA 1R01AG061094)

2021-2024 Postdoctoral Scholar
Penn State University
Population Research Institute
Crossnational demography of family structure, aging, and health
PIs Ashton Verdery and Rachel Margolis (NIA 1R01AG060949)

EDUCATION

2021 The Graduate Center, City University of New York (CUNY), New York, NY
PhD in Sociology
Certificate in Demographic Methods
Certificate in Quantitative Methods
Dissertation: Should I Stay or Should I Go? Mexican Return Migration Across the Life Course
Committee: Richard Alba (Chair), Paul Attewell, Deborah Carr (Boston University), Leslie McCall

2019 Brooklyn College
MA in Sociology

2003 Northwestern University, Evanston, IL
BA International Studies

AREAS OF SCHOLARSHIP

International Migration Population Health Aging & the Life Course. Work & Occupations

MANUSCRIPTS UNDER REVIEW

Sheftel, Mara Getz, Heejo Lee*, Ashton M. Verdery, James Bachmeier, and Jennifer Van Hook. "Emerging Disadvantage: Understanding the Health Trajectories of Aging Unauthorized Latino Immigrants." Revise & resubmit at *Journal of Health and Social Behavior*.

Sheftel, Mara Getz, Ashton M. Verdery, James Bachmeier, Heejo Lee*, and Jennifer Van Hook. "Inferring Immigrant Legal Status in Panel Data: A Research Note on Methods with Applications to Aging, Poverty, and Health Insurance." Revise & resubmit at *Demography*.

Sheftel, Mara Getz, Ashton M. Verdery, and Jennifer Van Hook. "Updated Projections of the Older Unauthorized Latino Population under Potential Immigration Enforcement Scenarios, 2025–2045." Revise & resubmit at *Journal of Gerontology: Social Sciences*.

Sheftel, Mara Getz, Jennifer Brite, Na Yin, Merlin Macdonald*, Jenna F. Tipaldo*, and Deborah Balk. "Extreme heat, occupational segregation, and disparities in older adult disability" Revise & resubmit at *Social Science & Medicine – Population Health*.

Sheftel, Mara Getz, Stephanie Shiau, Ben Chapman, Login George, Stephanie Bergren, Joel Cantor, and Cui Yang. "Risk Profiles of Social Disconnection in US Older Adults: A Data Driven Approach to Understanding the Nexus of Loneliness and Social Isolation" Revise & resubmit at *BMC – Public Health*.

Gudino-Martinez, Diego*, Jennifer Van Hook, and **Mara Getz Sheftel**. "Excess Mortality Among Latino Populations During COVID-19: A Demographic Analysis." Revise & resubmit at *Demographic Research*.

PEER REVIEWED PUBLICATIONS

2026 Zacher, Meghan and **Mara Getz Sheftel**†. "Gendered exposure to occupational strain, educational attainment, and incident dementia risk." *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, forthcoming.

2025 Van Hook, Jennifer and **Mara Getz Sheftel**. "The Growth and Diversity of Older Undocumented Immigrants in the US." *Demography.*

2025 Park, Sung S., Anne R. Pebley, Noreen Goldman, Boriana Pratt, and **Mara Getz Sheftel.** "Racial/Ethnic Disparities in Functional Limitations among Older Adults: Examining the Role of Physically Demanding Work." *Demography*.

2025 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. "Life course exposure to work strain and cognitive disparities by race and ethnicity." *Social Science & Medicine – Population Health, 29* (1010765) 1-11.

2025 Park, Sung S., Anne R. Pebley, Noreen Goldman, **Mara Getz Sheftel**, and Boriana Pratt. "Examining Work Temporality Across the U.S. Latino Population by Nativity and Citizenship." *Social Indicators Research,* 1-38.

2025 Cantor, Joel C., Dawne M. Mouzon, William T. Hu, Stephanie M. Bergren, **Mara Getz Sheftel**, Steven B. Cohen, Katherine B. Morton, Dinesh Mendhe, Margaret Koller and Paul Duberstein. Health implications of established and emerging stressors: design of the

prospective New Jersey Population Health Cohort (NJHealth) Study. *BMJ open*, *15*(3), e088489.

2024 Margolis, Rachel, **Mara Getz Sheftel**, Haowei Wang, Raeven Chandler, Lauren Newmyer, and Ashton Verdery. "Older Adults' Descendants and Family Networks in the Context of Global Educational Expansion." *Population Development Review, 51*(1), 213-256.

2024 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. "Unequal exposure to occupational stress across the life course: The intersection of race/ethnicity and gender." *Socius 10*, 1-12.

2024 **Sheftel, Mara Getz**, Rachel Margolis, and Ashton Verdery. "Loneliness Trajectories and Chronic Loneliness Around the World." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences 79*(8), 1-6.

2024 **Sheftel, Mara Getz.** "Return Migration and Disability by Life Course Stage of Return: Evidence Against the Salmon Bias." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences 79*(3), 1-11.

2024 **Sheftel, Mara Getz** and Frank W. Heiland. "The role of place of birth and residence in health disparities: Evidence from disability prevalence among Island- vs. mainland-born Puerto Ricans." *The Journal of Aging and Health 36*(1-2), 67-84.

2024 **Sheftel, Mara Getz**, Rachel Margolis, and Ashton Verdery. "Life Events and Loneliness Transitions Among Middle-Aged and Older Adults Around the World." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, *79*(1), 1-10. **JGSS Editor's Choice Paper **

2023 **Sheftel, Mara Getz**. "Immigrant wealth stratification and return migration: The case of Mexican immigrants in the US during the 20th Century." *Demography,* 60(3), 809-835.

2023 **Sheftel, Mara Getz**, Rachel Margolis and Ashton M. Verdery. "Health across borders: A crossnational comparison of immigrant health in Europe." *Population Research and Policy Review*, 42(30).

2023 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. "Cognitive health disparities by race, ethnicity and nativity: The role of occupational complexity." *Work, Aging, and Retirement.*

2023 Wu, Huijing, Rachel Margolis, **Mara Getz Sheftel**, and Ashton M. Verdery. "The Care Gap in Later Life Across European Countries." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences.*

2018 **Sheftel, Mara Getz** and Frank W. Heiland. 2018. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" *Demographic Research 39,* 209-250.

2017 **Sheftel, Mara Getz**. 2017. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." *Population Review 56*(1), 1-30.

BOOK CHAPTERS

2026 Verdery, Ashton M.. **Sheftel, Mara Getz**, and Lee, Heejo*. "Social Networks and Undocumented Migration." In Bilecen, Basak and Lubbers, Miranda Jessice (Eds.), *Handbook of International Migration and Social Networks.*

2026 Verdery, Ashton M. and **Mara Getz Sheftel**. "In the quest for veracity all validities are important: A demonstration of the importance of sampling for assessing the association between loneliness and cognitive function." In Doug Teti, H. Harrington Cleveland III, and Kelly Rullison (Eds.), *Handbook of Research Methods in Developmental Science, 2nd Edition.*

2024 Lonobile, Cheyenne* and **Mara Getz Sheftel**. "Impact of Immigration Policy on Immigrant Families: Current Research and Future Directions." In Jennifer Van Hook (Ed.), *Immigration Policy and Immigrant Families: National Symposium on Family Issues Series.*

2023 García, Catherine, Marc A. Garcia, **Mara Getz Sheftel,** and De'Lisia S. Adorno. "Heritage, Birthplace, Age at Migration, and Education as Life Course Mechanisms Influencing Cognitive Aging among Latinos." In Jacqueline L. Angel, Flavia Andrade, Fernando Riosemena, and Silvia Mejia-Arango (Eds.), *Older Mexicans and Latinos in the United States: Where Worlds Meet.* Springer.

2018 Reed, Holly, **Mara Getz Sheftel** and Arash Behazin. "Forced Migration and Patterns of Mortality and Morbidity." In Jalal Abbasi-Shavazi and Ellen Percy Kraly (Eds.), *Demography of Forced Migration and Refugees.* Paris: International Union for the Scientific Study of Population.

**Denotes student co-author* *†Denotes equal authorship*

OTHER PUBLICATIONS

2026 **Sheftel**, **Mara Getz** and Jennifer Van Hook. "Implications of an Aging Undocumented Population in the United States." U.S. *Migration Metrics.*

2025 **Sheftel, Mara Getz,** Jennifer Brite, Na Yin, and Deborah Balk. "Burn Out Reimagined: Extreme Heat, Work Disability, and Sociodemographic Disparities in America." *Generations*.

2022 Garcia, Marc A., **Mara Getz Sheftel**, Adriana M. Reyes, and Catherine García. "Sociocultural and Demographic Drivers of Latino Population Health in New York State." *Lerner Center for Public Health Promotion & Population Health Research Brief,* 76.

2022 **Sheftel, Mara Getz.** Review of "Time and Migration: How Long-Term Taiwanese Migrants Negotiate Later Life." *Social Forces.*

2022 Park, Sung S., Boriana Pratt, Anne R. Pebley, Noreen Goldman, **Mara Getz Sheftel**, Theresa Andrasfay, and Keunbok Lee. "Constructing a Work History Dataset of Jobs Held During Early and Middle Adulthood Using the Health and Retirement Study." *UCLA California Center for Population Research eScholarship.*

2018 **Sheftel, Mara Getz** and Frank W. Heiland. "Disability prevalence among Hispanic immigrants in the US. *N-IUSSP[Internet]."* 22 October 2018.

EXTERNAL RESEARCH FUNDING

2026-present* Principal Investigator
National Institute on Aging
Loneliness and inflammatory markers as biopsychosocial pathways to AD/ADRD: Analysis of a rapidly aging segment of the US population
K99AG097922; $121,239

2025-present* Principal Investigator (MPI with Deborah Balk)
National Institute of Environmental Health Sciences
Scorching Circumstances: The Role of Extreme Heat in Disability Among Older Workers in Heat-Sensitive Jobs.
R21ES037897; $441,027.

2024-present Co-Investigator (PI: Jennifer Van Hook)
National Institute on Aging
Legal Status Exposure, Health, and Kinship Networks among Latino Immigrants
R01AG081306; $1,345,542.

2024 Co-Investigator (PI: Frank Heiland)
Social Security Administration
Accelerated Aging and Retirement Due to Covid
$143,000

2022-2023 Co-Investigator (PI: Alexis Santos)
NIA Network on Life Course Health Dynamics and Disparities in 21st Century America (NLCHDD)
Local Typologies of Aging, State Policy, and Population Health: Middle-age and Later-life Adults in the United States.
Pilot grant; $50,000.

**Denotes NIH grant funded on first submission*

GRANTS PROPOSALS UNDER REVIEW

7/2026 Resubmitted Principal Investigator
National Institute on Aging
Family structure, older adult loneliness, and AD/ADRD: The population health impacts of demographic change (2R01AG060949)
Proposed dates: 04/2026-03/2031
Proposed budget: $2,884,267.
Status: 24th percentile first submission (7/2025); resubmitted

UNFUNDED PROPOSALS

3/2025 Submitted — Principal Investigator
Health Enhancement Scientific Program (HESP) Mentored Training
NIH-NIA U19 Grant to the University of Wisconsin
Ethnicity and nativity as modifiers of the social support-cognition relationship: Evidence among Mexican Americans from HABS-HD
Proposed dates: 9/2025-8/2027
Proposed budget: $190,000
Status: No funding awarded in 2025 due to changes in federal funding

AWARDS

2025	Population Research Institute (PRI) External Fellows Program
2019-2020	CUNY Dissertation Fellowship ($25,000)
2014-2019	CUNY Graduate Center Fellowship ($25,000/year)
2017	YAI Network Fellowship for Latino disability research ($1,000)
2016	Advanced Research Collaborative Praxis Fellowship ($4,000)

TEACHING EXPERIENCE

Instructor, Rutgers School of Public Health, Piscataway, NJ – Master of Public Health Courses
2026 Mental Health and Aging, Spring

Instructor, Brooklyn College, Brooklyn, NY – Undergraduate Courses
2017 Sociological Statistics, Fall
2017 Applied Research Methods, Spring & Fall
2017 Introduction to Sociology, Spring

Teaching Assistant, The Graduate Center (CUNY), New York, NY – Doctoral Courses
2016 Multivariate Topics in Sociological Statistics, Spring
Prof. Juan Battle, Primary Instructor
2015 Introduction to Sociological Statistics, Fall
Prof. Jeremy Porter, Primary Instructor

Teaching Assistant, Brooklyn College, Brooklyn, NY – Undergraduate Courses
2016 Introduction to Sociology, Fall
Prof. Ken Gould, Primary Instructor

NETWORK MEMBERSHIPS

Network on Life Course Health Dynamics and Disparities in 21st Century America (NLCHDD)
PIs Jennifer Ailshire, Sarah Burgard, Robert Hummer, Jennifer Karas Montez
National Institute on Aging Grand R24AG045061

Network on Education, Biosocial Pathways, and Dementia in Diverse Populations (EdDem)
PIs Sanjay Asthana, Pam Herd, Katrina Walesman
National Institute on Aging Grant R24AG077433

Network for Innovative Methods in Longitudinal Aging Studies (NIMLAS)
PIs Brady T. West, Sunghee Lee, Esther M. Friedman
National Institute on Aging Grant R24AG077012

Collaborative for Innovation in Data and Measurement in Aging (CIDMA)
PIs Kathleen Cagney, Joe Hotz, David Meltzer
National Institute on Aging Grants P30AG066619 and P30AG034424

ACADEMIC SERVICE

Editorial Board
Journal of Health and Social Behavior

Ad Hoc Reviewer
Demography
Ethnicity and Health
Health Affairs
International Migration Review
Journal of Aging and Health
Journal of Alzheimer's Disease
Journal of Gerontology Psychological Sciences
Journal of Gerontology Social Sciences
Populations
Population Development Review
Research on Aging
Social Forces
Social Problems
Sociology of Race and Ethnicity
Social Science & Medicine

Executive Committee Member, New Jersey Population Health Cohort Study (NJHealth), Rutgers Center for State Health Policy (CSHP), 2024- ongoing

Population Association of America, Annual Meeting
Discussant: 2026, 2024, 2023; Chair: 2024, 2023

Student Practicum Advisor, Department of Health, Behavior, Society and Policy, Rutgers School of Public Health, 2024- ongoing

Global Programs Committee, Rutgers School of Public Health, 2024- ongoing

External NIH Grant Mock Reviewer, Syracuse University, Department of Sociology, 2025.

Faculty Search Committee, Krieger Klein Alzheimer's Research Center, Institute for Health, Healthcare Policy, and Aging Research at Rutgers University, 2025.

Migration and Diversity Initiative Working Group, Population Research Institute (PRI), Penn State, Steering Committee, 2021-2024

American Sociological Association (ASA) Section on Aging and the Life Course (SALC)
Student Paper Award Committee, 2022

Committee Member, CUNY Graduate Center Sociology Department
Dissertation Support, 2018-2019
Faculty Membership Committee, 2016-2018

Advanced Research Collaborative, CUNY Graduate Center
Award Committee Member for Distinguished Faculty Fellowship Awards, 2017

QUANTITATIVE ANALYSIS SKILLS

Statistical Analysis Software: Stata, R, JMP, SPSS
Spatial Analysis Software: ArcGIS, QGIS, GeoDa, SaTScan

PROFESSIONAL MEMBERSHIPS

Population Association of America
Gerontological Society of America
American Sociological Association

INVITED PRESENTATIONS & GUEST LECTURES

2026 "Living Together, Feeling Apart: Loneliness and Living Arrangements Among Older US Immigrants." Age Friendly Communities Grant Program. April 15.

2026 "Legal Status and Health Stratification among Latino Older Adults in the US." Guest lecture in Aging: Legal Challenges & Policy Opportunities, Rutgers School of Public Health, April 6.

2026 "Trends Among the U.S. Latino Immigrant Population: Implications for Older Adult Health and Well-Being" Inaugural Schoeni TRENDS Annual Lecture, Michigan Center on the Demography of Aging (MiCDA), University of Michigan, March 27.

2026 "Return Migration and Disability by Life Course Stage of Return: Evidence Against the Salmon Bias" NIA-Funded (R25AG095799) Workshop on Advancing Cross-national Research on Aging and Cognitive Function, March 25.

2026 "Risk Profiles of Social Disconnection in U.S. Older Adults: A Data-Driven Approach to Identifying Cognitive Vulnerability from Loneliness and Social Isolation" Krieger Klein Alzheimer's Research Center, Rutgers Brain Health Institute, Annual Symposium. March 24.

2026 "Living Together, Feeling Apart: Loneliness and Living Arrangements Among Older US Immigrants." Aging and Health Research at Rutgers Forum. Rutgers Hub for Aging Collaboration. January 7.

2025 "Life Events and Loneliness Transitions among Middle-Aged and Older Adults around the World." Journal of Gerontology: Social Sciences Editor's Choice Paper Session at the Gerontological Association of America (GSA) Annual Scientific Meeting. November 12.

2025 "International Migration, Health and Aging." Guest lecture in Global Perspectives on Population Health and Aging course, Department of Sociology, Syracuse University. October 21.

2025 "Emerging Disadvantage: A Novel Framework for Understanding the Health Trajectories of Aging Unauthorized Immigrants." Invited by: CUNY Institute for Demographic Research (CIDR) Seminar Series. October 17.

2025 "Aging Into Precarity: Poverty and Health Insurance Coverage Among Older Unauthorized Latino Immigrants." Invited by: Migration and Diversity Initiative Working Group, Population Research Institute (PRI), Penn State University. March 20.

2025 "Life Course Measurement of Occupational Exposures." Invited by: Policy Research in Social Determinants of Maternal and Child Health (PRISM), Rutgers School of Public Health, Rutgers University. January 17.

2022 "Lifetime Work Histories and Cognitive Health Disparities." Invited by: Collaborative for Innovation in Data & Measurement in Aging (CIDMA) University of Chicago, Center on Healthy Aging Behaviors and Longitudinal Investigations. September 15.

CONFERENCE PRESENTATIONS

2026 **Sheftel, Mara Getz**, Heejo Lee*, Ashton Verdery, James Bachmeier, Jennifer Van Hook. "Emerging Disadvantage: A New Theory for Understanding the Health Trajectories of Aging Unauthorized Latino Immigrants." Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.

2026 **Sheftel, Mara Getz**, Jennifer Brite, Na Yin, Deborah Balk. "Extreme heat, occupational segregation, and disparities in older adult disability." Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.

2026 Zacher, Meghan and **Mara Getz Sheftel**. "Gender Differences in Occupational Strain and Its Role in the Relationship Between Education and Dementia." Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.

2026 Bachmeier, James, **Mara Getz Sheftel**, Jennifer Van Hook, Ashton Verdery. "Undocumented Status Exposure over the Life Course and the Health of Older Latino Immigrants in the United States." Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.

2026 Gudino-Martinez, Diego*, Jennifer Van Hook, **Mara Getz Sheftel**. "Excess Mortality Among Latino Populations During COVID-19: A Demographic Analysis." Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.

2026 **Sheftel, Mara Getz,** Jennifer Brite, Na Yin, Deborah Balk. "Extreme heat, occupational segregation, and disparities in older adult disability." Baruch College 4th Annual Conference on Climate Research, Teaching, and Collaboration. April 15.

2025 **Sheftel, Mara Getz**. "Living Together, Feeling Apart: Loneliness and Living Arrangements Among Older US Immigrants." Poster. Gerontological Association of America (GSA) Annual Scientific Meeting, Boston, MA. November 12-15.

2025 **Sheftel, Mara Getz**, Heejo Lee*, Ashton Verdery, James Bachmeier, and Jennifer Van Hook. "Aging Into Precarity: Poverty and Health Insurance Coverage Among Older Unauthorized Latino Immigrants." Gerontological Association of America (GSA) Annual Scientific Meeting, Boston, MA. November 12-15.

2025 **Sheftel, Mara Getz**, Jennifer Van Hook, Ashton Verdery, James Bachmeier, Alexis Santos-Lozada, Heejo Lee*, Diego Gudino-Martinez*. "Aging Into Precarity: Poverty and Health Insurance Coverage Among Older Unauthorized Latino Immigrants." Population Association of America (PAA) Annual Meeting, Washington, DC. April 10-13.

2025 Van Hook, Jennifer and **Mara Getz Sheftel**. "A Research Note on the Older Undocumented Foreign-born Population." Population Association of America (PAA) Annual Meeting, Washington, DC. April 10-13.

2025 Heiland, Frank and **Mara Getz Sheftel**. "Accelerated Aging and Early Retirement Due to COVID-19: Is It Happening, and How Are Different Racial/Ethnic Groups Affected?" Population Association of America (PAA) Annual Meeting, Washington, DC. April 10-13.

2024 **Sheftel, Mara Getz**. "Life Course Transitions and Older Immigrant Loneliness Trajectories: The Intersection of Gender, Race/Ethnicity and Nativity." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.

2024 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, Sung S. Park. "Exposure to occupational strain across the life course and cognitive disparities by gender and race/ethnicity." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.

2024 **Sheftel, Mara Getz,** Alexis Santos, Ashton Verdery. "Local Typologies of Aging in the United States and Population Health." Poster. Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. **Best Poster Award**

2024 Park, Sung S., Anne R. Pebley, Noreen Goldman, **Mara Getz Sheftel**, Boriana Pratt. "Assessing Work Temporality Measures Among the US Latino Population by Nativity and Citizenship." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.

2023 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, Sung S. Park. "Racial/Ethnic Cognitive Health Disparities: The Role of Occupational Complexity and Occupational Status." Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12.

2023 Matos-Moreno, Amilcar, Alexis Santos-Lozada, **Mara Getz Sheftel**, Ashton Verdery. "Migration as a Pathway to Kinlessness Among Older Adults Left Behind." Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12.

2023 **Sheftel, Mara Getz**, Rachel Margolis, Ashton Verdery. "Life Events, Loneliness Trajectories, and Loneliness Transitions Among Middle-Aged and Older Adults Around the World." Population Association of America (PAA) Annual Meeting, New Orleans, LA. April 12-15.

2022 **Sheftel, Mara Getz**, Rachel Margolis, Ashton Verdery. "Health across borders: A crossnational comparison of immigrant health in Europe." Gerontological Society of America (GSA) Annual Meeting, Indianapolis, IN. November 2-6. (Poster).

2022 **Sheftel, Mara Getz**, Rachel Margolis, Ashton Verdery. "Health across borders: A crossnational comparison of immigrant health in Europe." American Sociological Association (ASA) Annual Meeting, Los Angeles, CA. August 5-9.

2022 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, Sung S. Park. "Cognitive, mental, and social health disparities by race, ethnicity and nativity: The role

of occupational complexity." Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9.

2022 **Sheftel, Mara Getz** and Frank W. Heiland. "The role of country of birth and residence in health disparities: Evidence from disability prevalence among island- vs. mainland-born Puerto Ricans" Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9.

2021 **Sheftel, Mara Getz**. "Return migration as an asset maximization strategy in retirement." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14.

2021 **Sheftel, Mara Getz**. "Disability and older age return: evidence against the salmon bias." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14.

2021 **Sheftel, Mara Getz**. "Return migration as an asset maximization strategy in retirement." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10.

2021 **Sheftel, Mara Getz**. "Disability and older age return: evidence against the salmon bias." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10. *Accepted but declined presentation due to ASA regulations re: single-authored papers.*

2019 **Sheftel, Mara Getz**. "Return migration among older Mexican immigrants." American Sociological Association (ASA) Annual Meeting, New York, NY. August 10-13.

2019 Heiland, Frank W., and **Mara Getz Sheftel**. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Population Association of America (PAA) Annual Meeting, Austin, TX. April, 11-13.

2019 Heiland, Frank W., and **Mara Getz Sheftel.** "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Midwest Sociological Society (MSS) Annual Meeting, Chicago, IL. April, 17-20.

2018 **Sheftel, Mara Getz**, and Frank Heiland. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" Population Association of America (PAA) Annual Meeting, Denver, CO. April 26-28.

2017 **Sheftel, Mara Getz**. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster)

2017 **Sheftel, Mara Getz**. and Frank Heiland. "Crossing over: Reversal of the Mexican Immigrant Health Advantage at Old Age." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster)

**Denotes student co-author*

OTHER PROFESSIONAL EXPERIENCE & COMMUNITY SERVICE

Community organizer, Gowanus Brooklyn Mutual Aid, 2023-present

Work in solidarity with newly arrived community members to support advocacy and immigration support, provision of basic needs, liaison with schools and local organizations.

US Sponsor for refugee family, 2017-present

Provide all refugee resettlement services including, but not limited to: temporary and permanent housing, provision of essential furnishings, applying for and managing government assistance, professional training and job search, liaison with school and health providers. Refugee family is not supported by any resettlement agency; we provide sole support.

Community organizer, Refugees in Jerusalem, 2007-2013

Provided direct humanitarian support and resettlement services to asylum seekers. Mapped population needs to provide individual and group responses to emerging issues.

Educator/Mentor and Program Administrator, Dorot Fellowship, 2005-2013

Developed and facilitated a year-long service-learning program for community organizers that included individualized mentorship, a collaborative learning community, and service-learning placements, with the goal of helping individuals maximize their potential as agents of social change.

REFERENCES

Deborah Balk
Professor, Marxe School of Public & International Affairs
Director, CUNY Institute for Demographic Research
deborah.balk@baruch.cuny.edu

Noreen Goldman
Hughes-Rogers Professor of Demography & Public Affairs
Office of Population Research
School of Public and International Affairs
Princeton University
ngoldman@princeton.edu

Rachel Margolis
Professor, Department of Sociology
Western University, Ontario, Canada
rachel.margolis@uwo.ca

Anne R. Pebley
Distinguished Research Professor
California Center for Population Research
Fielding School of Public Health
University of California, Los Angeles
pebley@ucla.edu

Jennifer Van Hook
Roy C. Buck Professor of Sociology & Demography
Director, Population Research Institute
Pennsylvania State University
jxv21@psu.edu

Ashton Verdery
Professor of Sociology & Demography
Pennsylvania State University
amv5430@psu.edu